



## *Explore the Power & Beauty* of Feminine Sexuality

KNOWLEDGE ABOUT WOMEN'S SEXUALITY HAS MOSTLY REMAINED AN ORAL TRADITION THAT HAS ALWAYS BEEN HELD WITHIN THE SACRED CONTAINERS OF WOMEN'S TEACHING CIRCLES

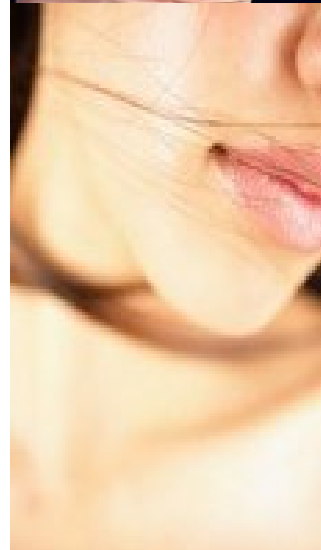
**Join me for an Introductory day that will offer you beautifully simple and effective tools and practices to cultivate sensual and sexual awareness and guide you into deeper love, joy and the liberation of your 'full' feminine potential**

Every woman has her own unique, beautiful essence and her own flavour of feminine, sexual, sensual energy. In a world where commercially produced images are telling us how to look, feel and be, women can become confused and find it challenging to connect to their own identity, beauty and internal rhythms. It's time to transform the collective images women have unconsciously absorbed into our bodies, hearts and minds, from these artificial messages and get to know the 'real' truth about our bodies and our womanhood. It's time for women to live fuller and live deeper and it's time to explore new possibilities and dimensions of femininity and claim our feminine essence as a sacred and soulful force.

**If women don't learn how to access these inner treasures, the fullness of our feminine beauty, power and potential will always remain hidden from us.**

### **In this one day workshop you will explore ...**

- **Sex, Relationship and Intimacy** – In the safe container of our circle, we will collectively discuss the ways we have become lost, wounded and also strengthened and empowered in our relationships and we'll inspire each other to gather our courage and set ourselves free to love, be wild, own our voice and trust the power of our bodies
- **The Power of Feminine Pleasure** - Learn about: The importance of our pleasure, How pleasure increases our passion for life, How it increases our beauty, keeps us young, vibrant, healthy and happy, and Why men 'really' love feminine pleasure!
- **Sexual Wisdom** – Explore questions like: Why is it important to explore my sexuality? How will it enhance my lovemaking? How do I open my body to more pleasure? Why am I not attracting the partners I want? How can I open my heart and body when I am afraid of being hurt?



# TESTIMONIALS

**I loved being able to start to open my womanhood more within a safe environment.**

Lani, keep doing this work, women need to know who we are, and as we remember, the world will be a better place.

Thank you for teaching me how to remember

....Theresa

**I learnt so much about myself and about my sexuality and sensuality.** I really loved the dress up, it was really helpful in drawing out my deeper feelings. I loved the sharing and the willingness of each woman to explore her emotions and the deeper and issues around her womanhood. More Power to you Lani !

.....Marlita

**I loved the safety that was created** and Lani's soft, open heartedness and presence. Lani you embody woman, goddess and whore, tears and laughter and love. Thank you!

.....Donna

**I thoroughly enjoyed it, I loved everybody's honesty and openness,** and I loved how we where all able to really let go. I thought it was wonderful, wonderful, wonderful and I'll definitely do this again. The touch and taste sensations were just beautiful and really awakening. It was all fantastic. Lani, I just can't thank enough, it was amazing!

.....Linda

## Registration for Intro Day

See website calender page for venue, dates and price details

website - [www.lanineilson.com.au](http://www.lanineilson.com.au)

or Contact Lani

phone: 02 4959 4349

mob: 0413 845 918

email [lani@lanineilson.com.au](mailto:lani@lanineilson.com.au)



**Your Facilitator** - Lani comes from a lineage of tribal shamans and has been in conscious contact with the Sacred Feminine from a very early age. She has apprenticed with many masters and highly gifted teachers of Sacred Sexuality and has personally explored the Living Yoga of Enlightened Sex. It is both her path and her honor to share what she has learnt with others and in the spirit of women's spiritual traditions, where Feminine Sacred Mysteries, Women's Medicine Teachings and Ancient Ceremonies & Rites of Passages are passed on from woman to woman, it is her passion and her calling to gather women together to pass these sacred teachings forward to them.

**Amongst Lani's teachers and influences are:** David Deida, Carolyn Muir, Mantak Chia, Kerry & Diane Riley, Margot Anand, Diana Richardson, Nityama, Rapahel & Kutira and Aunty Mahealani ( *Kahuna and High Priestess*) ...